

PASS'PORTES 2021: protection protocol & health awareness plan

For 2021: if, on account of the health situation caused by COVID19, the 17th "Pass'Portes du Soleil MTB" cannot be held the 19,20,25,26,27 June 2021, all registrations will be carried forward free of charge to the next edition. Registration and confirmation of payment implies the participant's unconditional acceptance of this offer.

A. Communicating with participants during the event

1. Reminder of official guidelines

- Wash hands frequently with soap and water, or where this is not possible, use a hydro-alcohol solution
- Cough or sneeze into a bent elbow or handkerchief
- Blow your nose with a disposable tissue and then throw it away
- Avoid touching your face
- Stay at least two metres away from others
- Avoid shaking hands or hugging when greeting people
- Put on a mask when it's not possible to stay more than two metres from people.

Official Portes du Soleil instructions for riders will be available as soon as the MTB area opens.

4 key messages to be communicated:

- Use **hydro-alcohol gel**
- Wear a **mask**
- Keep your distance in **queues**
- **Bins** available for masks and disposable gloves
- Message summarising all safety regulations.

Protection protocol and sector-by-sector measures for the event

1. Welcoming participants

Welcome desks to greet/register participants should be installed well apart from each other; all equipment should be cleaned even more rigorously than normal.

A directional system should be provided for those in the queue

- Control zones should be clearly marked out
- A coloured arrow indicating the entrance should be painted/sprayed on the ground
- In the queue, safe distances apply vertically and horizontally
- A coloured arrow indicating the exit should be painted/sprayed on the ground to avoid congestion
- Hydro-alcohol solution should be provided at the start of the queue and at welcome desks.

To reduce congestion, specific instructions apply for registered groups: team leaders should come to check everyone in, from the afternoon before the event begins. Riders' packs will be prepared ahead of time and given to the team leader in a separate queue.

2. Collection of riders' packs:

To reduce interaction at food and drink stations: it is advised that at the start, each participant should receive their packed lunch containing individually wrapped sweet and savoury products.

- Disposable masks to be provided, in case any rider has forgotten their own
- **Hands must be disinfected** – hydro-alcohol solution to be provided
- Hands-free contact is preferable for all documentation (such as showing registration confirmation on a smartphone)
- Rider pack pick-up extended from 7am to 10am
- Numerous welcome desks will be available for check-in, to reduce waiting times
- **2 sanitary wipes** will be included in each rider pack to emphasise the need to respect hygiene measures
- Each participant must have 2 masks and be wearing one when picking up their welcome pack
- Bins will be available to throw away masks
- A designated individual at each venue where riders' packs are distributed will carry out periodic checks to see that all participants receive their packs.

3. Start / Finish

- There is no "start" line
- No mass starts
- No information panels for participants at the start (to avoid people gathering round)
- No timed rides, no results published and no prize-giving.

4. Food and drink stations

Refuelling points will be provided along the PPS in addition to the individual packed lunches. These food and drink stations will be **outdoors** and limited to 4, instead of the usual 7.

▪ **General measures**

- **Masks must be worn** in these zones by event staff and participants
- A trained and designated **hygiene officer** at each food and drink station will ensure that safety measures are followed by staff and participants, ie: respecting barrier measures + signposting (arrows on ground, keeping a safe distance, posters)...
- A dedicated space for each activity shall be provided at food and drink stations
- **Entrance and exits to food and drink stations will be separated**, with directional arrows
- **Hydro-alcohol solution points** and **bins** for disposable masks and gloves will be available in areas used by staff and participants.

- **Accessing food and drink stations**
 - Participants alone can access food and drink stations (with bracelet + individual checks)
 - Safe queuing to be encouraged
 - Participants can access stations **once only**
 - **Handwashing is compulsory before joining the queue**
 - **Each participant must have their own drink container (cup, water bottle, pouch) to receive their drink and reduce contact. No cups will be given by the organisation.**
 - Water stations (taps, sinks) will be provided to encourage handwashing and refills

- **Food preparation and serving**
 - Food preparation and serving should be separated
 - **Self-service is not allowed: participants must not serve themselves; service provided without direct contact. Service by staff in masks (who could use tongs to avoid touching food), drinks should be poured directly into the participants' drinks containers.**

- **Exiting food and drink stations**
 - Participants should move away from the food and drink station before taking off their mask to eat their meal, all the time following **safe-distancing guidelines**.
 - No tables or benches will be provided, except by special permission.

5. Mountain lifts

- Mountain lift company protocols must be followed
- **Queues to be extended in length not width**
- Participants to be reminded of safety guidelines
- **Keep two queues apart by using netting**
- Health and safety measures to be followed at mountain lifts: when boarding, 2 people to sit at far end of seats; cable cars to be used at 2/3 capacity
- **Measures to be displayed and hydro-alcohol solution to be available at chairlift exits**
- **Masks must be worn**

6. Mountain rescue posts

- **A hydro-alcohol solution must be provided** at entrances and exits
- **Masks must be worn**
- **Safe distances** to be kept between work stations
- Directional arrows should indicate how people should circulate to avoid crossing one-another
- Authorised persons only
- **Daily cleaning and disinfection of work space**
- If a case of Covid19 is suspected, participants should present themselves to the mountain rescue teams who will be positioned along the route. Patrollers will isolate the participant and take care of them (taking them to a doctor's surgery or nearest hospital

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for a check-up). If the Covid19 infection is confirmed, the participant must withdraw from the event and isolate themselves in line with medical guidelines.

7. MTB slopes

- **Masks must be worn** during a rescue by the rider and bike patrol (mountain rescue service)
- **Measures that participants should be reminded of:**
 - Keep a safe distance
 - Wear a mask when getting off bike
 - Do not exchange bikes
 - Take everything needed to repair a bike in case of a mechanical problem, to avoid having to borrow anything (multi-tool, tyre-levers, inner-tube, pump, ...)

8. Bike-wash zones

- **Hydro-alcohol solution** to be provided at entrance and exit of bike-wash zones – hands must be washed before touching equipment.

9. Access to toilets

- Most toilets on the Pass'Portes circuit are public toilets in resort
- As part of the event, it is indispensable to provide toilets for participants. Existing toilets located next to the welcome zones for participants and to mountain lift offices and/or tourist offices will be open
- Cleaning and disinfection will be done by staff on site
- **No shower facilities** will be available for participants.